

CERTIFICATE OF COMPLETION

This is to certify that

Nataliia Mieliekiestseva

has successfully completed the international training programme
«Resilient Teaching»

held from 08/05/2026 to 25/06/2026

organized by ERASMUS-EDU-2025-CBHE SAFE LEARN

Project ID 101236049

***Supporting Adaptive and Flexible Education for War-Affected
Students in Ukraine***

and hosted by Kamianets-Podilskyi Ivan Ohienko National University

The participant has accomplished a total of 90 academic hours (3 ECTS)

Learning Outcomes:

The participant

- understands the basics of psychological resilience and applies self-management strategies in times of crisis and uncertainty;
- applies practical tools for emotional self-regulation: stress reduction methods; prevention of professional burnout, etc.;
- is able to use digital tools to organise an interactive, student-centred and flexible educational process;
- is able to design microlearning modules taking into account limited resources, unstable conditions and the needs of students;
- uses innovative active learning methods to increase student engagement and motivation;
- integrates the principles of a trauma-sensitive approach into creating a safe and supportive educational environment;
- adapts educational methods to crisis and emergency conditions, ensuring continuity and quality of education.

Acting rector, coordinator

Nataliia BAKHMAT



Certificate №: 101236049-WP2-439/26

Date of issue: 25/06/2026



Co-funded by
the European Union



Erasmus+

Competences

- Psycho-emotional competence
- Trauma-informed learning
- Digital literacy and use of AI tools
- Pedagogical innovations
- Facilitation and adaptive techniques



Programme

Training Topics	Hours
Principles of a trauma-informed approach to creating a safe educational environment	15
Teachers' psychological resilience: self-management strategies in times of crisis	15
Using digital tools to organise an interactive and effective learning process	15
Innovative teaching methods in extreme conditions: micro-learning in times of uncertainty	15
Educational Escape Room: Solving Educational Crisis Challenges	15
<i>Test evaluation and Practical intensive</i>	15
Total hours	90



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